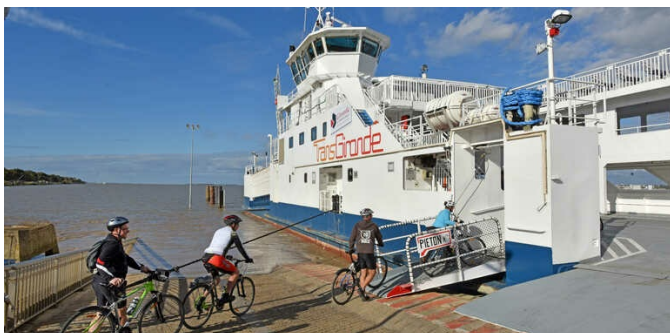


Blaye / Bordeaux

Canal des 2 Mers by bike - Atlantic / Mediterranean sea



Départ
Blaye

Arrivée
Bordeaux

Durée
3 h 19 min

Distance
49,94 Km

Niveau
I cycle often

From Blaye, cross the Gironde Estuary by ferry to Lamarque, in the midst of the Médoc, a peninsula packed with some of the greatest wine territories (or appellations) in the world. A provisional route takes you along quiet roads through the Médoc's vines, fields and heaths to the edge of the city of Bordeaux, at Blanquefort. From here, a cycle track leads you gently to the heart of the great wine town. Bordeaux is a splendid, dynamic city, its exceptional architectural heritage listed as a World Heritage Site. Amidst its grand quarters, sample its many lively, trendy cultural and gastronomic offerings.

The route

Provisional route.

From Lamarque, head for Arcins, following a quiet road crossing through vineyards, passing via the Château de Malescas.

At Arcins, take care crossing the D 2 road to reach Moulis-en-Médoc, followed by Avensan. Be especially careful cycling along the D 208 road from Avensan to Arsac. Continue to Le Pian-Médoc, and on to the north side of Blanquefort, where you join a cycle track at the round-about by the Lycée Agro-Viticole. This cycle track leads into the heart of Bordeaux, via the quays alongside the Garonne River.

SNCF Train Services

Moulis-Listrac train station (3km from Lamarque):

On the TER regional line Bordeaux > Pointe de Grave (11 trains daily)

Bordeaux St-Jean train station:

Regional TER and Intercités services >

Agen/Montauban/Toulouse/Carcassonne/Béziers/ Sète/ Montpellier/Marseille (numerous trains daily); Royan via Saintes (6 to 10 trains daily)

Other destinations served by train from Bordeaux include: Le Verdon (Pointe de Grave); Angoulême/Poitiers/ Tours/Paris; Niort/La Rochelle/ Nantes; Arcachon/Mont-de-Marsan/Dax/Bayonne/Biarritz/ Hendaye/ St-Sébastien

Tourist Offices

[Blaye tourist office](#)

[Lamarque tourist office](#)

- [Bordeaux tourist office](#)

