

# Damazan / Agen

## Canal des 2 Mers by bike - Atlantic / Mediterranean sea



The Canal des 2 Mers à Vélo cycle route continues along the greenway beside the Canal de Garonne, passing through the very lively port of Buzet-sur-Baïse. You reach Agen itself via one of the longest canal-bridges in France, at 600m. The town is both capital of the département (French county) of Lot-et-Garonne and French capital of prunes... and it conceals many other curiosities, which you can discover in the remarkable monuments in the historic centre.

### The route

This stage takes you along an easy, signposted greenway.

### Link Canal de Garonne / Vallée du Lot

From Damazan, it's possible to join the Voie Verte de la Vallée du Lot greenway, which leads to the splendid town of Cahors via a delightful 150km route. The starting point for this route lies 500m from the exit to the village, beside the canal. After following some small roads with little traffic, cross the Garonne River via a road bridge (dismount from your bike and lead it by hand along the pavement), then follow a busier road taking you to Aiguillon, dominating the Garonne and Lot Valleys.

### SNCF train stations

#### Agen train station:

TER regional trains and Intercités trains serve > Bordeaux ; Montauban/Toulouse (many trains daily).

- Other connections from Agen towards Périgueux.
- Connections at Bordeaux for Saintes/Royan; Angoulême/Poitiers/Tours/Paris; La Rochelle/Nantes; Arcachon/Mont-de-Marsan/Bayonne/ Biarritz/Hendaye/ St-Sébastien; Le Verdon (Pointe de Grave).
- Connections at Montauban for Cahors/Brive/Limoges/Paris.
- Connections at Toulouse for Brive/Limoges/Paris; Albi/Castres/Rodez/Figeac; Tarbes/ Pau/Foix.

### Tourist offices

- [Office du Val d'Albret](#)
- [Office de tourisme d'Agen](#)

**Départ**  
Damazan

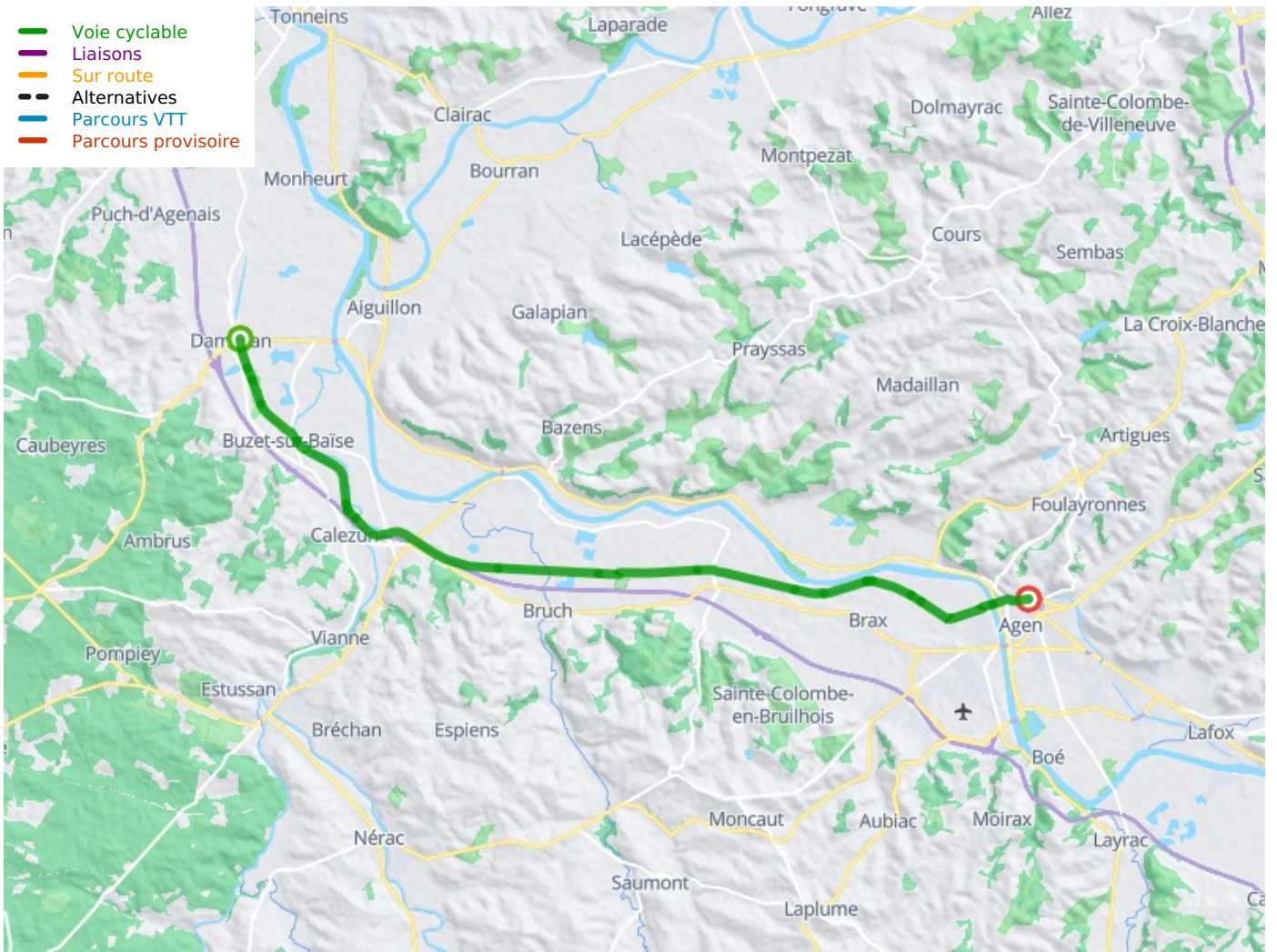
**Arrivée**  
Agen

**Durée**  
2 h 10 min

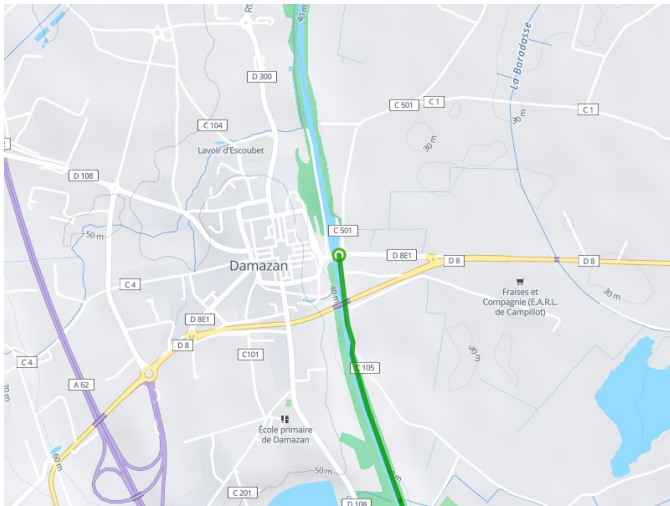
**Distance**  
32,62 Km

**Niveau**  
I begin / Family

- Voie cyclable
- Liaisons
- Sur route
- Alternatives
- Parcours VTT
- Parcours provisoire



**Départ  
Damazan**



**Arrivée  
Agen**

