

# The Canal du Midi by bike : Homps / Le Somail

Canal des 2 Mers by bike - Atlantic / Mediterranean sea

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A string of wine-making villages, Argens-Minervois, Roubia, Paraza and Ventenac-en-Minervois, congregate here beside the Canal du Midi, calling for your attention! Le Somail's port was where the canal's designer, Pierre-Paul Riquet, calculated that the post barge should stop for the couchée, or sunset, on the third day of its trip from Toulouse. Now, Le Somail is one of the canal's most attractive stops, a picture-postcard village with its port, chapel, canal-side accommodation and amazing antiquarian bookshop.

## The route

There are a few short stretches on roads with motorized traffic that require you to cycle with care between Roubia to beyond Ventenac before you reach Le Somail.

## SNCF train stations

There are no train stations close to this stage of the canal; the closest train station is at Lézignan-Corbières.

[Consult timetables](#)

## Tourist office

[Office de Tourisme Intercommunal du Haut-Minervois](#)

**Départ**  
Homps

**Arrivée**  
Le Somail

**Durée**  
1 h 19 min

**Distance**  
19,92 Km

**Niveau**  
Mountain Bike advised

- Voie cyclable
- Liaisons
- Sur route
- - - Alternatives
- Parcours VTT
- Parcours provisoire



**Départ  
Homps**



**Arrivée  
Le Somail**

