

Toulouse / Montgiscard

Canal des 2 Mers by bike - Atlantic / Mediterranean sea



Leave Toulouse via the greenway beside the Canal du Midi, a path that is very popular with local cyclists avoiding the car-clogged city roads. The canal-side route transports you swiftly into parts shaded by centuries-old plane trees, where old barges lie sleepily in the water. Soon, the village of Montgiscard appears, and you feel you've left the big city behind to enter the Lauragais farmlands.

The route

The greenway is tarmacked and well signposted from central Toulouse to Montgiscard.

SNCF train stations

Toulouse-Matabiau train station:

Regional TER and Intercités trains serve > Montauban/Agen/Bordeaux; Castelnaudary/ Carcassonne/Narbonne/ Béziers/Sète/Montpellier (with numerous daily trains).

Other destinations served from Toulouse include Brive/Limoges/Paris; Albi/Castres/Rodez/Figeac; Tarbes/Pau/Foix.

[Consult timetables](#)

Tourist offices

[Office de Tourisme de Toulouse](#)

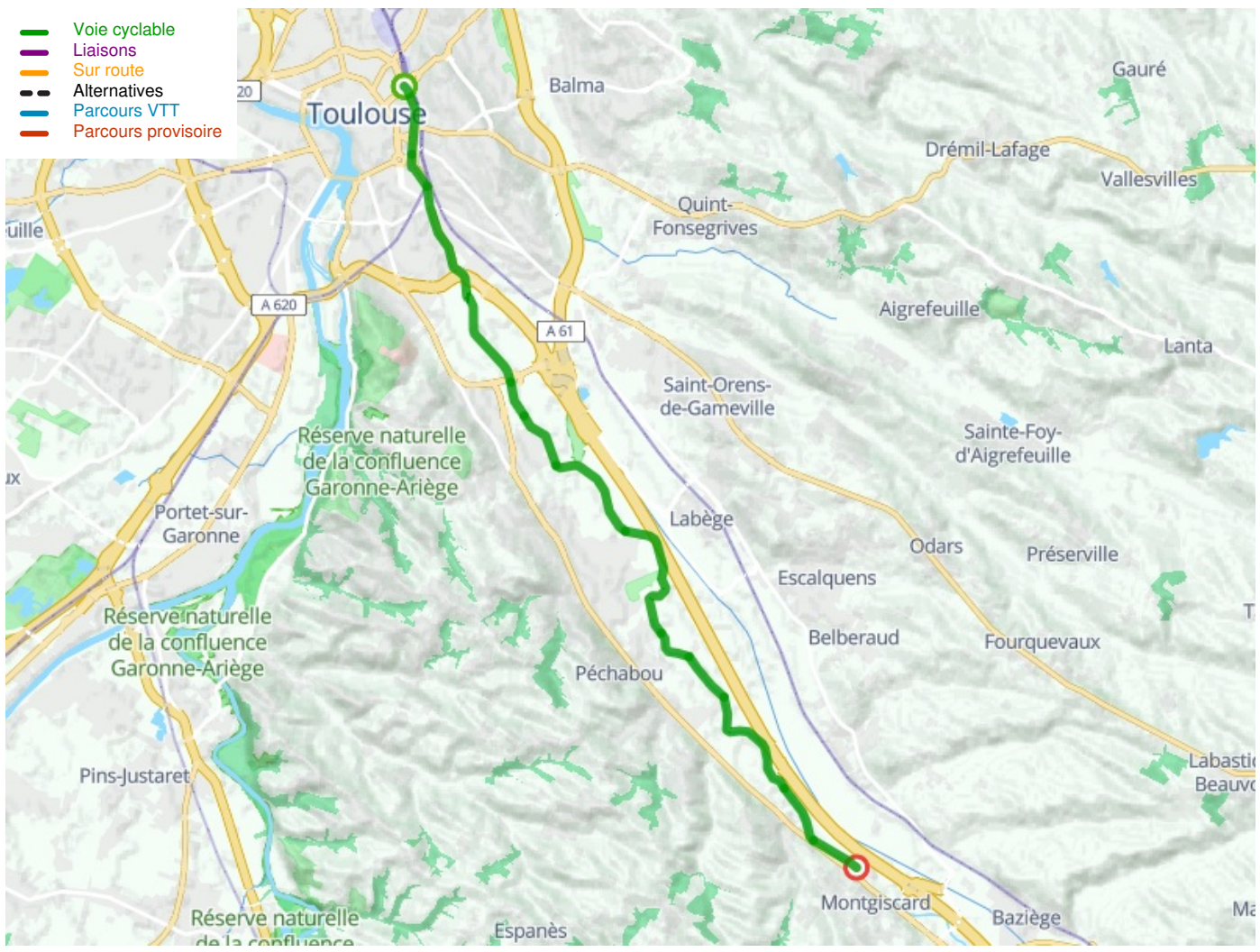
Départ
Toulouse

Arrivée
Montgiscard

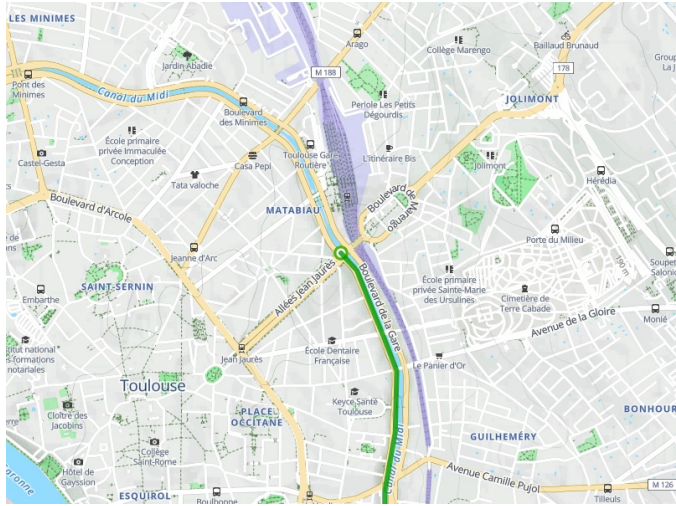
Durée
1 h 25 min

Distance
21,03 Km

Niveau
I begin / Family



**Départ
Toulouse**



**Arrivée
Montgiscard**

